



Amanda  
**FOLEY-BYARD**  
**LEGACY**  
**SCHOLARSHIP**



**VOICES**  
*of* **HOPE**



The potential of the average person is like a huge ocean unsailed.

*Brian Tracy*



THE TWELVE STEPS

admitted we were powerless over alcohol—that our lives had become unmanageable.

came to believe that a Power greater than ourselves could restore us to sanity.

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Made a searching and fearless moral inventory of ourselves.

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Were entirely ready to have God remove all these defects of character.

Humbly asked Him to remove our shortcomings.

Made a list of all persons we had harmed, and became willing to make amends to them all.

Made direct amends to such people wherever possible, except when to do so would injure them or others.

Continued to take personal inventory and when we were wrong promptly admitted it.

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.



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Education is the most powerful weapon which you can use to change the world.

*Nelson Mandela*





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“

Don't let the noise of others' opinions drown out your inner voice.

”

*Steve Jobs*



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You have within you everything you need to deal with whatever the world can throw at you.



*Brian Tracy*

VOICES of HOPE



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Intelligence plus  
character — that is the  
goal of true education.

*Dr. Martin Luther King Jr.*





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The privilege of a lifetime is to become who you truly are.

*Carl Jung*





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**VOICES**  
of **HOPE**



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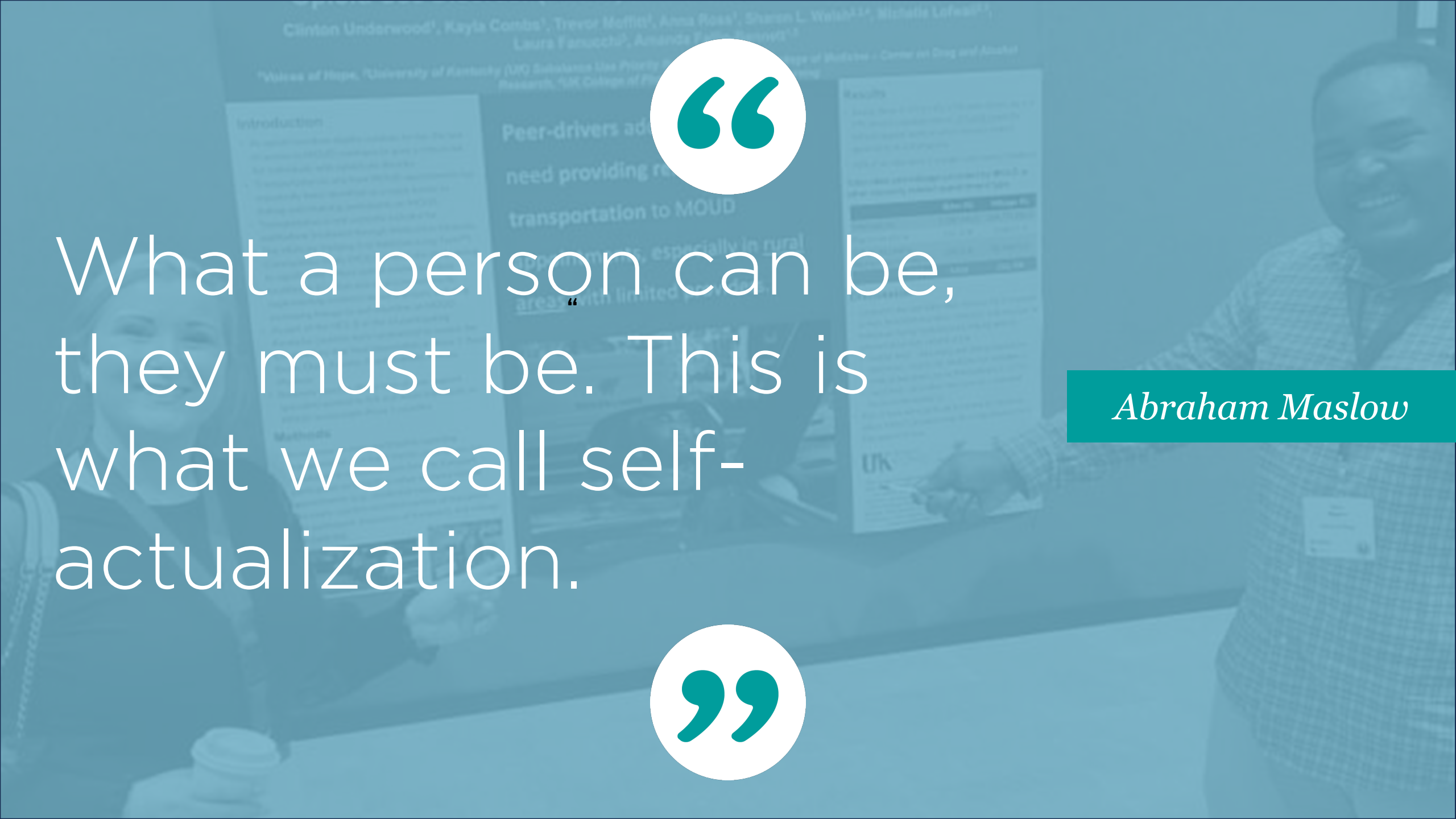
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*of* **HOPE**



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Recovery  
\*Available in all sizes  
styles. Best if  
intended s

The background is a semi-transparent blue overlay on a photograph of a conference. In the foreground, a woman with long dark hair is smiling and looking towards the camera. In the background, a man in a plaid shirt is also smiling. Several posters are visible, including one titled "Peer-drivers address need providing re transportation to MOUD" and another with the heading "Introduction".

What a person can be,  
they must be. This is  
what we call self-  
actualization.



*Abraham Maslow*



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Our greatest glory is not  
in never falling, but in  
rising every time we fall.

*Confucius*





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Know that there is something inside you that is greater than any obstacle.

*Christian D. Larson*





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The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle.

*Steve Jobs*





Dr. Amanda K. Foley-Byard



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also allowed me to  
be a pro-active  
member in all  
aspects of life.  
It has given me  
hope again.

- Cat, Lifelong NKY  
resident



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It is never too late to be  
what you might have  
been.

*George Eliot*





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Until you take the journey of self-reflection, it's almost impossible to grow in life.

*Iyanla Vanzant*





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The best way to  
predict the future is  
to create it.

*Abraham Lincoln*



PERSONAL

“



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The future belongs to those who believe in the beauty of their dreams.

*Eleanor Roosevelt*





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